

Post-Operative Toenail Care

Immediately after the procedure you may experience some bleeding through the dressing. This is normal. If the bleeding is excessive you may change the dressing the same day otherwise wait until the next morning to change the dressing. For the first dressing change you will remove the dressing then wash the area with soap and water and dry the area. Then apply the Amerigel dressing you were dispensed to the area where the nail was removed.

If there is significant drainage you may use a gauze and tape dressing to cover the area of surgery. If the drainage is minimal you can then use a fabric type of Band-Aid. During the first week the toe will be covered at all times except when changing the dressing. After the first week you should remove the dressing at night to allow the area to breathe. This will allow faster healing. You should cover the area during the day when wearing shoes for up to three weeks. If you have discomfort, take Tylenol for pain.

If you notice any significant drainage of pus you need to call the office. You will have normal drainage of a clear/red type fluid for up to three weeks. Some redness is acceptable as well. If the Amerigel is causing burning you will need to switch to a different topical antibiotic. Call the office if there is a problem.

You should have an appointment to return to the office about three weeks after your procedure.

It should not be necessary for you to soak the toe this is only done if there is a problem with the Amerigel.